

COVID-19 Protocol

GYMS & FITNESS CENTERS - Phase 1

Signage:

- Place appropriate signage near entrances outlining the social distancing guidelines and informing guests of operational changes and sanitation practices required herein and in the general COVID-19 Protocol.

Measures to Prevent Unnecessary Contact/Crowding:

- Staff will limit number of members, which may require a reduced occupancy, in the gyms to ensure social distancing of a minimum of six feet between people.
- No group activities or classes over 10 individuals.
- Stagger classes to allow for a full cleaning between groups.
- Restrict changing or showering on-site.
- Restrict communal areas (pools, hot tubs, saunas, tanning beds, etc.).
- Arrange usable equipment to maintain six-foot distance
- Restrict common area access – waiting room/lounging seating.

Measures to Increase Sanitation:

- Enhanced cleaning protocols of facility and equipment.
- Eliminate/restrict use of equipment that cannot be cleaned frequently.
- Locker rooms for restroom use only.
- Limit use of water fountain to refill bottles only.
- Tanning beds must be cleaned properly between every use.
- Eliminate towel services.

Measures to Protect Employee Health:

- Prior to or upon reporting for work, each employee will complete a checklist, overseen by management, to determine if the employee has any identifiable symptoms of COVID-19.
- Train staff on personal hygiene, sanitation and food handling for epidemic prevention and control.
- Train staff to recognize the symptoms of COVID-19 and know how to act responsibly if they detect or exhibit symptoms.
- Provide protective face masks/face coverings and gloves to all staff, especially those who handle front-desk/check-in responsibilities.
- Require staff to replace handshakes, etc. with other touch-less forms of greeting.